

Casey's Journey

Pregnant, first time mum



Casey discovers that she is pregnant.



She speaks to her favourite teacher, who tells her that support is available and contacts the Child Wellbeing Unit.



Casey and her boyfriend Damien receive a call from a Thriving Families NSW youth health worker. The youth health worker sounds **friendly and non-judgemental** so they agree to participate in **Thriving Families NSW**.



Casey and Damien participate in **family meetings** which helps them set goals and **create a plan for them as individuals, as parents, and as a family**

- Casey and Damien are linked into antenatal supports
- An **Education Coordinator** ensures Casey is supported to make a plan to finish high school
- Damien agrees to participate in a men's behaviour change program
- Casey and Damien want to move in together.



Casey and Damien's key worker help them build a **network of support**.

- They know where to go when they need help
- Casey feels less isolated.

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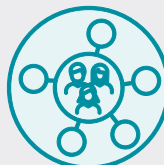
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CASEY'S JOURNEY

The Child Wellbeing Unit refers Casey to the **Thriving Families NSW Coordinator**.



- **Early identification of vulnerability**
- The Thriving Families NSW Coordinator determines Casey is eligible for Thriving Families NSW and connects with the **Thriving Families NSW multidisciplinary youth health team**.



Casey and Damien have a **key worker** who coordinates their support, and the **multidisciplinary youth health team visits them at home**.

Casey and Damien's key worker helps them **navigate the service system** and **access other services they need**:

- Life skills and budgeting
- Parenting classes
- Damien is referred to a job services provider
- Application for social housing.



Casey gives birth to a healthy baby girl and the new family live together

- **Family meetings** continue
- **Outreach support** from the **multidisciplinary youth health team**
- **Network of formal and informal supports**.