

# Their Futures Matter

## Family preservation and restoration models



NSW is implementing new evidence-based intensive intervention programs aimed at keeping families together. The home-based support services will be delivered by practitioners in priority locations across NSW.

Multisystemic Therapy for Child Abuse and Neglect (MST-CAN)<sup>®</sup> and Functional Family Therapy — Child Welfare (FFT-CW)<sup>®</sup> are internationally tested and recognised, intensive preservation and restoration models. The models target the causes of harm and treat trauma. Families referred to the service will receive counselling and support to develop positive ways to problem solve and build a safer home environment.

Children and families will benefit from

**SIGNIFICANT FUNDING  
OVER FOUR YEARS UNTIL JULY 2020.**



**900 PLACES ARE AVAILABLE EACH YEAR FOR  
CHILDREN AND THEIR FAMILIES TO RECEIVE  
INTENSIVE SERVICES.**

**WE ARE DEDICATING 50% OF THE PLACES TO  
ABORIGINAL CHILDREN AND FAMILIES FOR THESE  
NEW MODELS.**

In the City of New York, similar interventions saw a

**50% REDUCTION** IN THE NUMBER OF CHILDREN  
IN FOSTER CARE OVER A 10 YEAR PERIOD.

Source: New York City Independent Budget Office — Fiscal Brief (October 2011).

### Functional Family Therapy

has been successfully used in the United States of America, Norway, Netherlands, Sweden and New Zealand.

FFT-CW<sup>®</sup>, an adaptation of the standard model, is a home-based treatment model that works with families where there has been physical abuse and/or neglect of a child aged 0-17 years.

There are two types of service streams within the model — one for families who need intensive supports delivered in the home, and one for families who are more likely to successfully engage in community supports.

### Multisystemic Therapy

and the adapted model for child protection, MST-CAN<sup>®</sup>, have been successfully applied in the United States of America, United Kingdom, Netherlands, Switzerland, Norway, New Zealand and Western Australia.

MST-CAN<sup>®</sup> is a 24/7 home-based intensive treatment model that works with families where there has been physical abuse and/or neglect of a child aged 6-17 years. The model is targeted to families who have not engaged in or benefited from community supports in the past. The program is provided to the family for a period of up to 9 months. The model offers a range of specific clinical treatments that target areas such as trauma, mental health and drug and alcohol misuse.

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## Family preservation and restoration models



Family preservation and restoration models — MST-CAN® and FFT-CW® — will be delivered by non-government organisations in priority locations across NSW. These locations are where needs are highest based on child protection data.

Priority Location	Functional Family Therapy	Multisystemic Therapy
Blacktown / Mt Druitt / Parramatta / Auburn	MacKillop Family Services	
Central & Eastern Sydney / Lakemba / Burwood / St George / Sutherland	Benevolent Society	
Coffs Harbour		Uniting
Dubbo		Marathon Health
Edgeworth/Mayfield/Charleston	OzChild	Wandiyali
Fairfield / Bankstown / Liverpool	Uniting	OzChild (Liverpool)
Illawarra Shoalhaven district	MacKillop Family Services	
Macarthur/Ingleburn	OzChild	OzChild
Penrith / Blue Mountains	Nepean Community & Neighbourhood Services	
St Marys / Hawkesbury / Pennant Hills	OzChild	
Tamworth		Life Without Barriers
Wyang		Catholic Care Diocese of Broken Bay
Wagga Wagga	Riverina Medical and Dental	